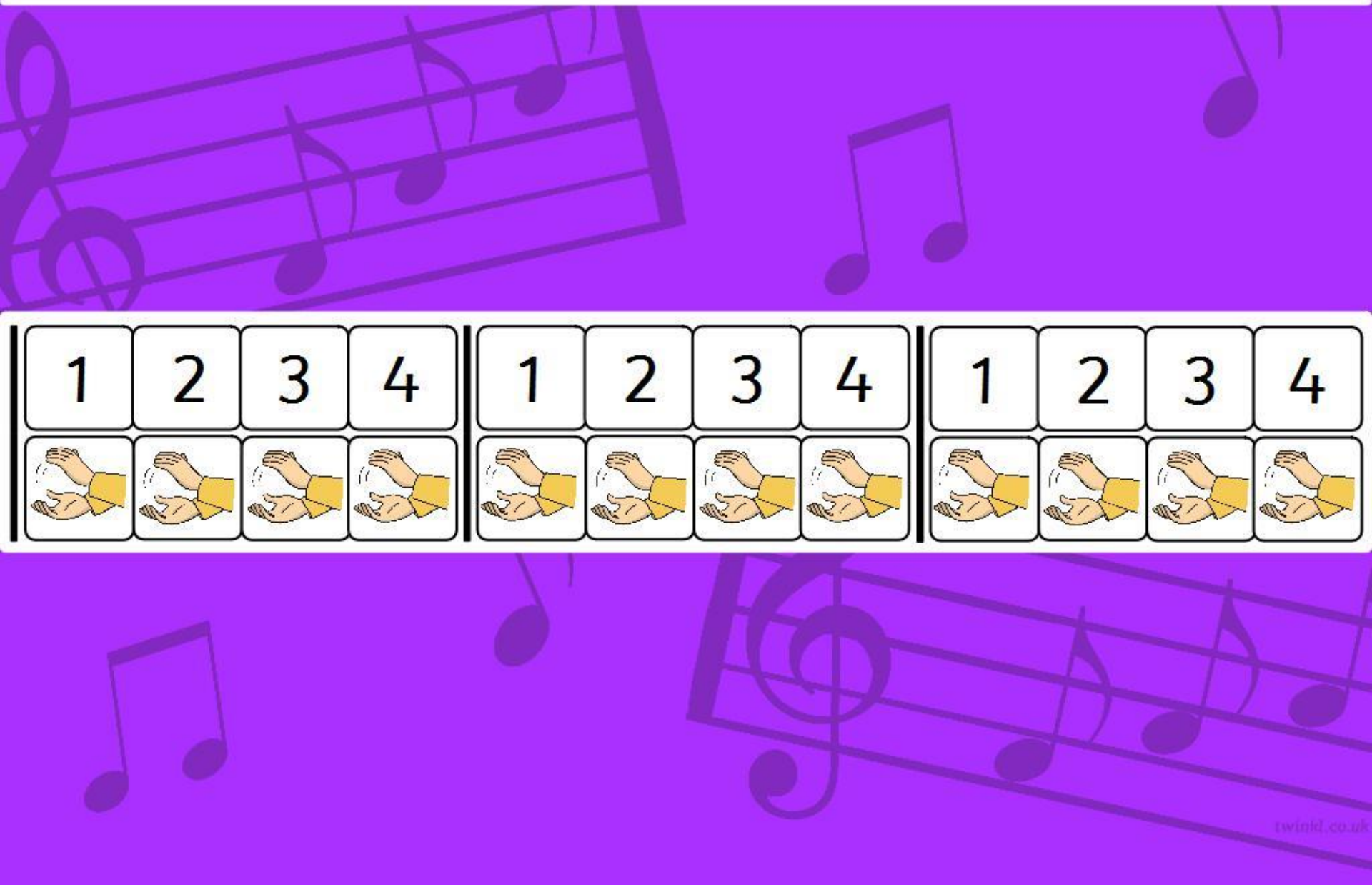


Exploring Rhythm and Pulse



Can you keep a steady beat?



1

2

3

4



1

2

3

4



1






2






3






4



Can you add a stamp to beat 1?

1	2	3	4
			
			

1	2	3	4
			
			

1	2	3	4
			
			

Speech Patterns

Everything we say is rhythmical.

"How are you?"

Can you say this along with the steady beat?

1

2

3

4



How

are

you?

1

2

3

4



How

are

you?

Do You Have Something To Say?

Keep the pulse going.

One person chants a phrase, everyone echos.

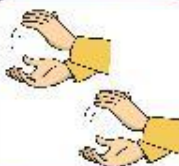
This is called a 'call' and 'response'.

1

2

3

4



Cats

like to

sleep.

call

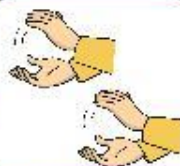


1

2

3

4



Cats






like to


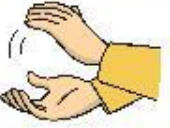



sleep.

response








Try these examples.
The first one has been done for you.

1	2	3	4
			
			
I	love	chick-en	pie.
Have you	seen my	croc-o	dile?
Dogs	like to	run.	

1	2	3	4
			
			
I	love	chick-en	pie.
Have you	seen my	croc-o	dile?
Dogs	like to	run.	



Choose 4 phrases of your own that have different rhythm patterns. They don't have to make sense!
Practise with different people being the caller, and all responding.

1	2	3	4
			
			
Place text here			
Place text here			
Place text here			
Place text here			

Can you think of your own sentences to say keeping to the rhythm?

e.g:

I like eating cake.

I like scoring goals

Have a practise saying them out loud - why don't you see if your family can keep to the rhythm too!