



Short Breaks Service



For Children with Disabilities

Newsletter w/c 11th September 2023

This newsletter contains events and updates from various services around Halton, as well as other general information which you may find useful. You can find out more information on the [Halton Local Offer page online](#) or contact the [Short Breaks Service for Children with Disabilities](#) team too.

Halton SEND Parent Carer's Forum – September events and activities



Halton SEND Parent Carer's Forum re-opens after the summer break on Wednesday 6th September and has lots of events planned throughout the month including their popular **coffee cake and check-in on Thursday 21st September 11.30am-1.30pm** at the Community Shop in Runcorn, and the latest **parent drop in session on Thursday 28th September 9.30am-11.30am** at St. Bede's Junior School in Widnes.

The Forum also has three of their online Zoom parent information workshops planned throughout September:

- **Thursday 14th September 7.30pm Healthwatch Halton** – join Dave Wilson to find out information about health and social care services available locally. Dave will be with us to talk about what help and support from Healthwatch Halton is available to residents of Halton.
 - <https://us02web.zoom.us/j/85999528028?pwd=L1Jud1VDIb3dGWXFLbFhhUWlrdk1HQT09>
 - Meeting ID: 859 9952 8028 Passcode: 818122

- **Thursday 21st September 7.30pm Autism and ARFID (Avoidant restrictive food intake disorder)** – join Emma Eager from The Autism Wellbeing Project who will share her in depth knowledge of autism and ARFID and the challenges that can bring to young people with autism and their parents, and give parents and carers an insight on how best to support through the challenging times.
 - <https://us02web.zoom.us/j/87076897797?pwd=ZVV3cHZLbIpMNHc1RGZwak9ncnBpUT09>
 - Meeting ID: 870 7689 7797 Passcode: 627915

- **Thursday 28th September 7.30pm Halton SENDIASS Service overview with Sharon English.** SENDIASS provides impartial and confidential information and support for parents of children with SEND. They can also work directly with young people with SEND aged 16 to 25 to offer them support. This workshop is a very informative and informal way to ask your questions to the professionals and seek support easily.
 - <https://us02web.zoom.us/j/85912769782?pwd=bmVNcEcwWUIES09TZXR0bkxHV3ArZz09>
 - Meeting ID: 859 1276 9782 Passcode: 613917

If you are not a member of the Forum and want to join any of these zoom workshops, just email Jen on info@haltosendpcf.org.uk for a membership form.

Date	Event	Time	Venue	Information
Wednesday 6 th September	Forum reopens after summer	9.30am - 1.30pm		The forum reopens after summer.
Thursday 14 th September	Dave Wilson -Healthwatch Halton Zoom	7.30pm -8.30pm	Zoom	https://us02web.zoom.us/j/85999528028?pwd=L1Jud1VDb3dGWXFLbFhhUWlrck1HQT09 Meeting ID: 859 9952 8028 Passcode: 818122
Thursday 21 st September	Coffee, Cake and 'Check in'	11.30am-1.30pm	Community Shop, Priory House, Northway, WA7 2FS	We would love to welcome our parents back after a long summer break! Come have a drink and chat, get some advice and support from other parents in the same boat!
Thursday 21 st September	Autism and ARFID Parent Training Workshop Delivered by – The Autism Wellbeing Project	7.30pm-8.30pm	ONLINE (Zoom)	https://us02web.zoom.us/j/87076897797?pwd=ZVV3cHZLb1pMNHc1RGZwak9ncnBpUT09 Meeting ID: 870 7689 7797 Passcode: 627915
Friday 22 nd September	Hummingbird Art session, with Pizza.	5pm -7pm	Hummingbird Art Studio The Village Hall, 12 Main St, Halton, Runcorn WA7 2AN	Bookable event – Fully booked.
Thursday 28 th September	Parent Drop-In Session	9.30am-11.30am	St Bede's Junior School, 16 Appleton Village, Widnes WA8 6EL	A chance to register with the forum, gain support, advice, and signposting in your child's own school. Meet other parents in your child's school experiencing the same issues.
Thursday 28 th September	SENDIASS Overview – Sharon English	7.30pm – 8.30pm	ONLINE (Zoom)	https://us02web.zoom.us/j/85912769782?pwd=bmVncEcwWUIES09TZXR0bkxHV3ArZz09 Meeting ID: 859 1276 9782 Passcode: 613917

SEND R US Kids Club



Badminton 

KIDS KLUB

For families in Halton with SEND

Friday 15th September
Brookvale Recreation Centre
Barnfield Avenue
Runcorn, WA7 6EP
6pm-8pm
For ages 0-10

Music 

Refreshments

Soft Tennis 



Message us to book your place



SEND R US CIC



sendrus@mail.com



All children must be accompanied by a parent or carer

Due to popular demand SEND R US Kids Klub for children and young people aged 0-10 years is back this month! Starting **on Friday 15th September from 6pm-8pm** at Brookvale Recreation Centre there will be activities, music and refreshments. Message the team to book your places through [their Facebook page here](#), or email sendrus@mail.com.

And the next session of their Mums R Us group is on **Saturday 16th September 10am-12pm** at the Evenwood in Runcorn. Come along, have a cuppa, see familiar faces and meet new friends. Message the team through Facebook or email to book your place.

 SEND R US CIC



Mums R Us

Monthly Group

for our Mums/Carers of children with SEND

**Come and have a cuppa, see familiar faces
and meet new people**

**It's a time for our Mums & Carers to chill
out for a while**

Saturday 16th September

10.00am-12pm at Evenwood, Runcorn WA7 1LZ

**Message or email for more details and to book
your place**

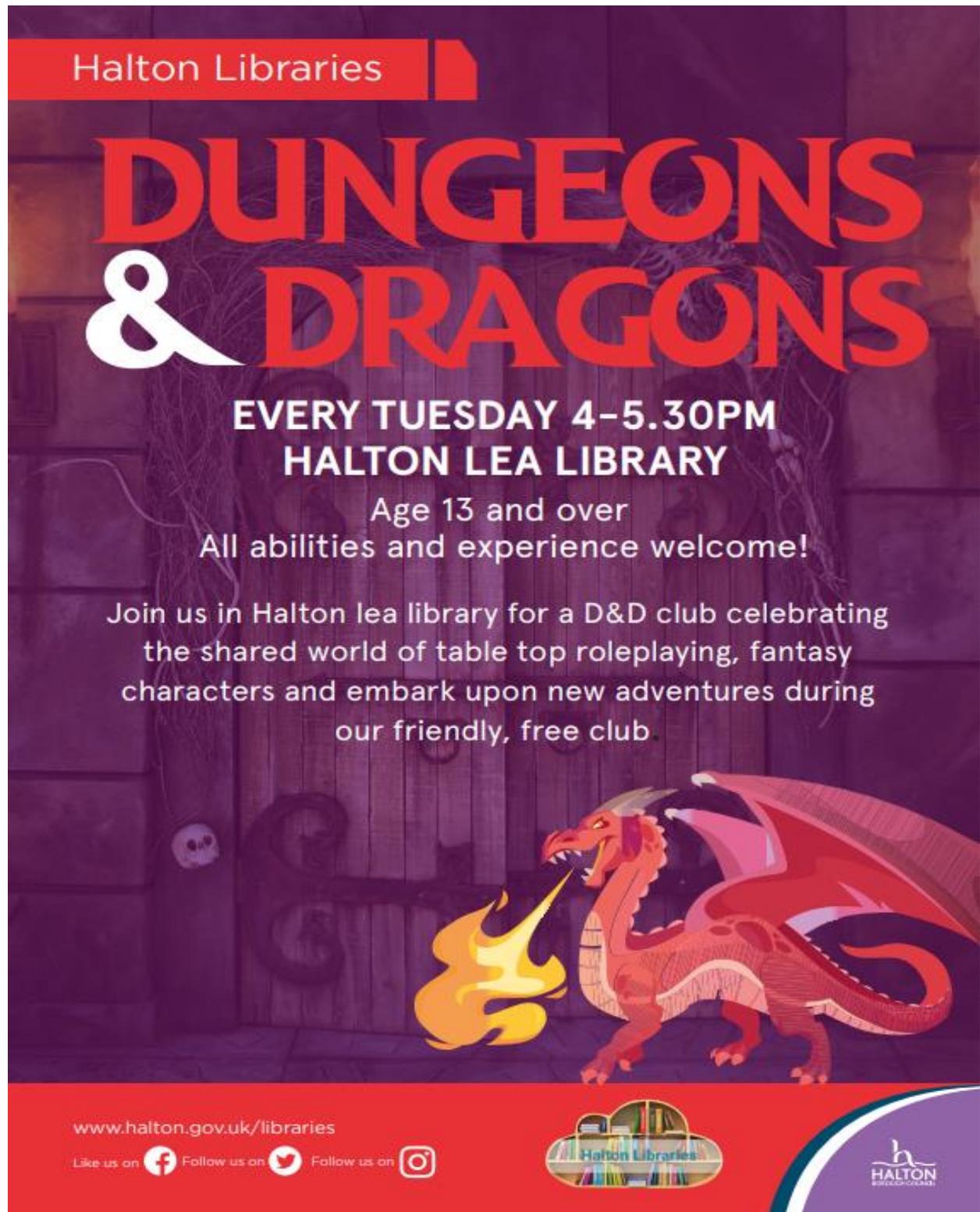


 SEND R US CIC

 sendrus@mail.com



**New Dungeons and Dragons club at Halton Lea
Library every Tuesday**

A promotional poster for a Dungeons and Dragons club. The background is a dark, textured wall with a dragon's head faintly visible. At the top left, a red banner contains the text 'Halton Libraries'. The main title 'DUNGEONS & DRAGONS' is in large, bold, red and white letters. Below the title, the text 'EVERY TUESDAY 4-5.30PM HALTON LEA LIBRARY' is in white. Underneath, it says 'Age 13 and over' and 'All abilities and experience welcome!'. A paragraph of text describes the club as a friendly, free event for celebrating the world of table top roleplaying. At the bottom right, there is a colorful illustration of a red dragon breathing fire. The bottom of the poster features a red banner with social media icons and the Halton Libraries logo.

Halton Libraries

DUNGEONS & DRAGONS

EVERY TUESDAY 4-5.30PM
HALTON LEA LIBRARY

Age 13 and over
All abilities and experience welcome!

Join us in Halton lea library for a D&D club celebrating the shared world of table top roleplaying, fantasy characters and embark upon new adventures during our friendly, free club.

www.halton.gov.uk/libraries

Like us on  Follow us on  Follow us on 

Halton Libraries are launching their Dungeons and Dragons club at Halton Lea library every Tuesday from 4pm-5.30pm – all are welcome!

Autumn Activities at Halton Libraries



There are lots of free activities and clubs this autumn at Halton libraries across Widnes and Runcorn, including Lego Club, Brilliant Builds sessions, and the Home Ed monthly meet-up group.

Check out [their Facebook page here](#) or visit [their website](#) for full details.

Lego Club - free, drop in sessions to get creative with Lego!

- Every Tuesday at Halton Lea Library 3.30 – 5.00pm
- Every Tuesday at Widnes Library 3.30-5pm
- Every Monday at Ditton Library 3.30-5pm
- Every Thursday at Runcorn Library 3.30-5pm

Brilliant Builds – Design, construct, create at our new Brilliant Builds weekly sessions. Magnetic Tiles K’Nex and other building materials will be available for children to create their own designs and inventions.

- Every Thursday from 3-5pm at Halton Lea Library, Widnes Library and Ditton Library.

Home Ed Monthly Meet Up - meet other local home ed families. Fun activities such as Lego, board games, painting and space to play provided at each session.

- Last Wednesday of the month, 1-3pm, Halton Lea Library.

The Autism Wellbeing Project for young people aged 16+



The Autism Wellbeing Project is a new non-profit organisation dedicated to supporting autistic adults in Halton and the surrounding areas. They support anyone aged 16+, whether diagnosed or not, and are based in Runcorn, although their online support can be accessed from anywhere.

A copy of their latest newsletter is attached, and you can find out more by visiting [their website here](#) or check out [their Facebook page here](#).

Short Breaks Service catch-up and information event



Short Breaks Service for Children with Disabilities Parents and Carers catch up and information event

Tuesday 12th September 2023

10am to 12pm

**Halton Lodge Children's Centre
Grangeway Runcorn**

Join the Short Breaks Service for Children with Disabilities team for our regular opportunity to meet staff from the team and share your views and ideas in a relaxed and informal setting.



We'll be catching up on how the summer has been for you and your families, along with an opportunity to give your feedback on events and activities you have attended, alongside your views and suggestions for future events and ideas for the kinds of services you'd like to see in Halton.

Plus, we'll be looking ahead to half-term already and sharing information on our upcoming family events with the chance to find out more.

Spaces are limited so for more information and to book your place please call 0151 511 6560 or email:

AimingHigh.forDisabledChildren@halton.gov.uk

Halton Local Offer



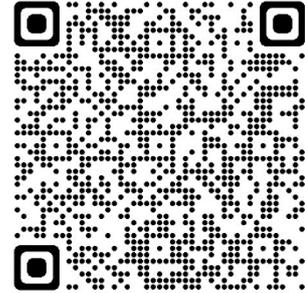
The Short Breaks Service are holding our latest catch-up and information event tomorrow, **Tuesday 12th September 10am-12pm at Halton Lodge Children's Centre, Runcorn**. This is an opportunity to meet our team and share your views and ideas in a relaxed and informal environment. Spaces are limited so please email AimingHigh.forDisabledChildren@halton.gov.uk or call 0151 511 6560 to book your places.

Accessing Short Breaks information on the Halton Local Offer

Halton Local Offer



Don't forget you can access our Short Breaks page on the Local Offer by scanning this QR code here or [click this link](#).



Here you'll find lots of useful information and resources, while [the Leisure page here](#) has details of activities and events across Widnes and Runcorn

And your feedback and suggestions help us to keep improving the Halton Local Offer for families across our borough – [click here to share your feedback!](#)

Autism Central and Great Minds Together



Autism
Central

Autism Central Hubs offer guidance to families, carers and personal assistants of autistic people. All of their sessions are run by Peer Educators who are parents or carers of autistic people, who are happy to share their knowledge and experience with you.

They offer group and one-to-one sessions to help you and other parents and carers find the information and services available in your area. The North West Autism Hub also run events such as workshops, drop-in sessions, coffee mornings and virtual meet-ups through [Great Minds Together](#) – [click here to view more details](#) including dates and times of upcoming events.

MAX cards

The summer holidays may be over for another year but don't forget that Max Cards are available for our families in Halton all year round.

The card is designed to help families save money on great days out at castles, zoos, bowling alleys and more.



You can visit the [MAX Card website](#) for further details or check out [the Local Offer](#). Cards cost £2.50 and can be collected from Warrington Road Children's Centre in Widnes, or Glendale Family Centre in Runcorn (available Monday to Friday 9am to 4.30pm – please note, it is cash payments only).

You can email AimingHigh.forDisabledChildren@halton.gov.uk or call 0151 511 6560 for more details.

Pop up sale for Rebuild with Hope and Age UK Mid Mersey

**POP UP SALE
OF QUALITY
HIGH STREET
GOODS**



**Heavily discounted
prices for
one day only!!**

**Clothing & accessories,
toys, homeware, gifts.**

We accept cash & card.
All proceeds go to the Rebuild
with Hope Foundation & Age UK
Mid Mersey

📅 Wednesday 13th Sept

🕒 10:30am – 2:30pm

**📍 Widnes Rugby Union Club
Heath Road
Widnes
WA8 7NU**

f Find us on Facebook



If you're looking for a bargain Age UK Mid Mersey are hosting a pop-up sale of clothing and accessories, toys, homeware and gifts on **Wednesday 13th September 10.30am-2.30pm** at Widnes Rugby Union Club, Heath Road, Widnes. [Visit their Facebook page](#) for more information.

This newsletter provides general information and resources for parents and carers of young people with SEND, and for professionals who support them. Please note, while we take every care to ensure the information we share is accurate the information provided is not a direct recommendation from the Short Breaks Service and we recommend that you complete your own research about the information and events we signpost.

We recognise that not all the information in this newsletter will be relevant to everyone included on the mailing list. If there is some specific information you would like to see more of, or information from a certain service that you'd like to share please let me know and I will try to include next time. If you do not wish to continue receiving this newsletter, please let me know.

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Short Breaks Service for Children with Disabilities Halton Borough Council

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