



After a great March at **ChAPS**, we are so excited for the busy months ahead. We have lots of activities booked for the Easter holidays, including a soft play private hire at Zippy's Playworld in Chester for under 11-year-olds, mini golf at Ellesmere Port and an easter trial at Petty Pool in Northwich! All the activities are family-based activities and open to siblings. Booking for the Easter Trial in Northwich will close on Tuesday 4th April at 12pm. The extra easter activities are in **Orange** on the diary of events.

Please book all activities on Eventbrite and keep your email confirmation of the booking as should you need to cancel or amend your booking; you can do so from the email you receive through Eventbrite.

A look at March...

We celebrated Neurodiversity Celebration Week during Monday 13th to Sunday 19th March by listening to some insightful webinars on neurodiversity, and reading their comic book, *The Umbrella Gang*. If you didn't get the chance to read the comic book, it can be still be accessed at [Neurodiversity Comic Book | Neurodiversity Celebration Week \(neurodiversityweek.com\)](https://neurodiversityweek.com)

We also moved venues for Ellesmere Port kids and youth clubs and Parents Meets. These activities will now take place at Theatre Porto, and we really hope you love the venue as much as we do!

Finally, from Monday 27th March – Sunday 2nd April, we will be celebrating World Autism Acceptance Week. We will be helping to spread the word of autism acceptance across the region, involving presentations in some local schools, an appearance on Radio Northwich on Friday 31st March at 11am, and some interviews for local newspapers! Also Carey (our Families Manager) and Joanne (our Chair of Trustees) will be completing a ½ mile open swim at Delamere WildShore on Sunday 2nd April to raise awareness, and some much appreciated funds for CHAPS.

We are so proud of the welcoming, supportive community we have at ChAPS during Autism Acceptance week and all year round!

Update from Michelle - CEO

I have now been in post for over two months and the time has flown by. I thought now would be a good opportunity to give you an update on my journey so far.

Within my busy schedule (more on this later) I have been trying to visit as many activities ChAPS offers as possible and even being a responsible staff member at some of these. This includes our Learning4Life sessions, adult meets, Runcorn Family Swim, Anti-gravity Yoga, Kids Club in Northwich, Youth Club in Ellesmere Port, Urban Air Trampoline and half-term pizza making, to name a few. I have been travelling all over Cheshire, not sure how many miles I have travelled so far, but I am beginning to become an expert of the geographical locations of Cheshire.

Visiting these activities has enabled me to meet ChAPS members and their families, who have been providing me with lots of beneficial feedback, including asking members attending kids and youth clubs what activities they would like to do during their sessions. Thank you all for being so welcoming. If I have not had the opportunity to meet you yet, please bear with me. I am scheduling to visit more activities throughout April and May, and hopefully I may meet more of you during our Easter events.

My role as the CEO is very diverse; one minute I am attending a stakeholder commissioning event with a Local Authority, to supporting colleagues in our Café in Northwich during busy periods. Then finding contractors to fix a damaged room, dealing with a broken commercial dishwasher, a broken sink; to then speaking to a parent/member who needs urgent support.

I am currently overseeing all aspects of the charity, so I am fully informed when I am developing the strategic plan. This is the vision of the charity for the next 3 years.

The charity has a variety of roles, which is delivered by a small, yet dedicated staff team, the majority of whom work on a part-time basis and go above and beyond the expectation of their roles. The charity has grown significantly in recent years, but being honest does not have the infrastructure to support this. Part of my focus for the next 6 months is to ensure the following is in place:

- First and foremost researching funding streams, and applying for charitable grants, commissioned work, etc and developing fundraising opportunities
- The review and development of policies and procedures
- Implementation of a customer relationship management (CRM) system
- Devising and implementing a quality assurance monitoring processes for ChAPS activities/sessions, etc – everything we do

And in between renaming and relaunching the Café in Northwich; to include developing volunteering and work opportunities for autistic individuals.

If I take a couple of days to respond to emails, etc please bear with me, there are lots of things going on beyond my email inbox. However, I am enjoying every moment.

Extra activities

New Boxing Community Inclusion Club at New Era Community Boxing.



We have been offered 10 spaces at New Era's Community Boxing inclusion sessions. Due to the nature of the funding application, this was a last minute opportunity, and we are sorry for the short notice. The sessions will start on Wednesday 29th March at 5.30-6.30pm. These sessions are for 12–17-year-olds only and are not a closed ChAPS event. The sessions are aimed at autistic individuals, however, have been offered to local school SEN groups.

The sessions will be part of a 8 week block, through which they will learn non-contact boxing techniques, which will culminate in them gaining Boxing Awards, that are ASDAN accredited. We recommend that you try to attend all 8 sessions as awards will be given for the individual achievements of the children during these sessions.

The dates of the sessions are:

Wednesday 29th March,
Wednesday 5th April,
Wednesday 12th April,
Wednesday 19th April,
Wednesday 26th April,
Wednesday 3rd May,
Wednesday 10th May,
Wednesday 17th May.

Please use the link to book for the 8 sessions:

<https://www.eventbrite.co.uk/e/597596235427>

Booking will open on Monday 27th March at 10am

Counselling

Did you know that ChAPS provide a person-centred counselling service? Did you also know that ChAPS members can access the service if they are over 18 years of age? We have volunteer counsellors who see autistic adults and parents at a vastly reduced rate of £20 per session (online or face to face). We also have placement counsellors who see autistic adults and parents in Northwich during office hours for an optional donation to ChAPS. For more info contact Carey on info@cheshireautism.org.uk



We are delighted to announce that we have an exciting partnership developing with Mid Cheshire Riding for the Disabled (RDA), to offer more members the opportunity of experiencing the benefits of horse-riding sessions.

We have the opportunity for 5 ChAPS members (at present) to attend weekly riding sessions with Mid Cheshire RDA at their wonderful riding facilities in Allstock (Allstock Hall, WA16 9JZ). This open to all members – autistic children, young people and adults (to clarify this not available for non-autistic siblings and non-autistic parents).

There are strict requirements set by the RDA regarding the suitability of members/riders who can put themselves forward for an opportunity. These are stipulated by the RDA and not ChAPS, there is absolutely no negotiation as this is for the welfare of the horse. For further insight, we would recommend visiting [Rider size | The British Horse Society \(bhs.org.uk\)](https://www.bhs.org.uk). Please note this is not officially from the RDA, but from a nationally recognised equine specialist organisation.

The 5 member/rider opportunities currently available are as follows:

1. Tuesdays 10am:

A tall, well balanced quiet rider/member. This member does not necessarily need to have ridden before, but if they have not then they do need to be of a confident disposition and be able to sit quietly. This is to ride a big horse, so someone tall, with long legs will be required and is/will be a quiet rider. **Max weight of rider: 85kg**

2. Tuesdays 10.40am:

A tall, well balanced quiet rider/member. This member does not necessarily need to have ridden before, but if they have not they do need to be of a confident disposition and be able to sit quietly. This is to ride a big horse, so someone tall, with long legs will be required and is/will be a quiet rider. **Max weight of rider: 85kg**

3. Tuesday 10.40am:

A small, light rider/member. **Max weight of rider: 52kg.**

This could be a complete beginner in which case it would be a one-to-one lesson, or a competent rider who would join in a group lesson with riders who are all off the lead rein (not being led by a volunteer).

4. Tuesday 11.20am:

A small rider/member. **Max weight of rider: 57kg.** This is quite a mixed class so it would not matter if the rider/member had ridden before or not.

5. Tuesday 11.20am:

A small rider/member. **Max weight of rider: 52kg.** This is quite a mixed class so it would not matter if the rider/member had ridden before or not.

PLEASE NOTE: The maximum weights given above for each opportunity are assuming the member/rider is reasonably well balanced. Before confirming a place, Mid Cheshire RDA would need to meet the member and complete an 'assessment', confirming the member's weights on their scales and assess their ability (primarily balance, as this impacts on the weight allowance for the horse to carry). If a member is very unbalanced, Mid Cheshire RDA will have to reduce the maximum weight the pony/horse can carry. This means if a member was close to the maximum weight limit and during the 'assessment' was considered to be very unbalanced, the weight limit for that horse would need to be reduced and may mean the member can no longer fulfil the weight limit restrictions and would not be able to participate.

The five members will be provided with the opportunity to undertake weekly lessons for a 6-month timeframe, this timeframe is a recommendation by Mid Cheshire RDA. After the 6 months these opportunities will be offered to four different ChAPS members.

PLEASE NOTE: There will be dates stipulated by Mid Cheshire RDA where lessons will not be taking place, but you will be informed of these in advance.

Cost:

There will be a cost to members, each session will be charged by Mid Cheshire RDA at £10, although ChAPS will subsidise each session by £3, therefore the member will be required to pay £7 per session.

Members/riders will be required to pay 4 weeks in advance, a total of £28, every 4 weeks. If payment is not received in advance the opportunity will be given to another member/rider on the waiting list.

Aspects to consider/further information:

Please note ChAPS nor the RDA will be able to provide transport to or from the venue, so if you would like to be considered please ensure you have transport available.

Mid Cheshire RDA will provide riding helmets. Members/riders will need to wear suitable clothing – this will include full length trousers (even in hot weather - this is to protect the rider), flat enclosed shoes i.e. trainers, short boots, wellington boots, and, dependent on weather, waterproof coat and gloves. At present all sessions will take place outdoors, although an indoor school/arena is in the process of being built at the venue.

For more information about Mid Cheshire Riding for the Disabled please visit [Mid Cheshire Riding for the Disabled | Crewe | Facebook](#) or [Mid Cheshire RDA \(@midcheshirerda\) • Instagram photos and videos](#)

Process to be considered for one of the riding options available:

Please email info@cheshireautism.org.uk by Monday 27th March to express your interest. Please include the riding session option above you would like to be considered for and provide the following information:

- **Name of member**
- **Member's Age**
- **Member's Weight**
- **Member's Height**
- **Member's Riding experience (if applicable or state beginner)**
- **Telephone number**

FAQ's:

- Riding sessions take place currently on weekdays only and as outlined above on a Tuesday, as this is when Mid Cheshire RDA have space available at present.
- The selection of the 5 members/riders will not be taken on the first come first served basis, there are numerous factors to consider regarding the suitability of members and follow-up phone calls will be undertaken.
- As part of the selection process any members who unfortunately have missed any membership payments in the previous 5 months, will not be considered for the current round of opportunities (this is excluding new members who have joined during the past 5 months).

If you have any questions please do contact us at info@cheshireautism.org.uk.



We have been offered a special discounted price for Geronimo Festival at Arley Hall. For more information about the festival, including FAQs, please follow the link: [Geronimo Festival](#) We have been given 220 family tickets for Sunday 28th May and 220 family tickets for Monday 29th May, as well as a discount on the Camping Weekend Ticket.

The Family Tickets for either Sunday 28th or Monday 29th are £20 for the family of 4.

The Camping Weekend Ticket is £100 for a family pass valid for a maximum of 6 guests. (Please Note: this option would include unlimited funfair rides all weekend, but does not include a tent or camping equipment).

Both fees would have to be paid on the day, and in cash.

A family ticket covers up to 4 persons. Under 3s do not require a ticket and Carers attend free of charge - both would be excluded from the family of 4 tickets. For example, if a family has 2 adults, and 4 children aged 2, 5, 7, and 9, they would be fine attending using a family ticket of 4 as the 2 year-old and Parent would be deemed as free entry.

To book a family ticket, please follow the link below to an Eventbrite ticket registration. Once registered, a family E-Ticket will be emailed to the recipient. This ticket must be shown on the day to gain entrance along with £20 facility fee in cash (or £100 for camping ticket).

The ticket registration link will expire on 2nd April, and after that we will no longer have access to registering tickets.

Ticket link for Family Ticket on Sunday 28th

May: <https://www.eventbrite.co.uk/e/geronimo-festival-chaps-family-charity-ticket-payment-due-upon-arrival-tickets-588406779517>

Ticket for link for Family Ticket on Monday 29th

May: <https://www.eventbrite.co.uk/e/geronimo-festival-chaps-family-charity-ticket-payment-due-upon-arrival-tickets-588415355167>

Weekend Camping Ticket: <https://www.eventbrite.co.uk/e/geronimo-festival-charity-camping-weekend-ticket-payment-due-upon-arrival-tickets-588436337927>



Funtopia is THE BIG Day Out for Little Kids! A fun-filled festival specifically designed for under 10-year-olds. Filled with high energy inflatables, role play areas, activity zones, family games, stage shows and more!

All the activities and games are included in the price.

Ticket prices are £10 per child, £2.50 per adult, and Under 90cm free of charge.

Autism friendly session: £5 per child.

ChAPS will have a stand at the following Funtopia events:

- Wednesday 12th April at Verdin Park, Northwich
- Monday 29th May at Queens Park, Crewe
- Saturday 22nd July at Verdin Park, Northwich
- Tuesday 25th July at Queens Park, Crewe.

For more information, please visit their website [Home - Funtopia \(funtopiauk.co.uk\)](http://funtopiauk.co.uk)



Please can you complete our survey on interest in organised fundraising running events.

This survey is to gauge interest in potential participants for organised running events (variation of running distances would be offered).

Please only fill the form in once.

<https://forms.office.com/e/8vN2QgxfJe>

Fundraising news



Thank You Lorraine!

'I'm Lorraine of Iris Reflexology and having recently opened my doors as a reflexologist, I asked for donations on my first day for treatments that would go to ChAPS.

I have 3 children, and my eldest who is 15, has autism and we have used ChAPS services in a variety of ways over the last 6 years (I think!) ChAPS have supported my son and my family and continue to do amazing work and provide support for many families.

I had wanted to do reflexology since I was a student midwife and first came across it, and now see the amazing benefits it provides. My son finds it calms and relaxes him, giving some respite from his anxiety.

It can also be done on the hands, face and ears instead of the feet if preferred. I hope to do further training which has specific techniques to help with adults and children with additional needs, disability, high anxiety and dementia.

I would encourage you to give it a try. It's amazing!'

Lorraine's kind donation has fully funded the Walton Hall Guided Zoo Tour during the easter holidays.



We are signed up for easyfundraising. It is completely easy and free to use. Simply create an account and then remember to use easyfundraising every time you shop online! Over 7,000 brands will donate, so you can raise FREE donations for us no matter what you're buying. These donations really help us out, so please sign up if you haven't yet. Please use the link to sign up:

<https://www.easyfundraising.org.uk/causes/chaps/?searchSessionId=0bb37bbf-843f-459e-b506-0f3b5c29cb18>

Diary of Events – Key

Purple – Open for booking from Monday 27th March, 10am

Black – Virtual Sessions

Orange – Easter Activities open for booking from Monday 27th March, 10am

(A) - For Adult members

(C) – For children (please see the Eventbrite to check if siblings are included!)

(P) – For parents and carers

(F) – For Families

If you have any suggestions for our **ChAPS** newsletter or ideas about how we can make it

Diary of Event

Saturday 1 April	NORTHWICH (A)(C)(P)	Family Swim at Memorial Court Northwich CW9 5QJ with Terri.	4.30-5.30pm
Sunday 2 April	WIDNES (C)	Anti-Gravity Yoga at Martial Arts Centre WA8 0QZ with Ellie. 12.30pm 1.30pm	12.30-2.15pm
Monday 3 April	NORTHWICH (F)	Easter Fun at ChAPS Autism Ark CW8 1BE with ChAPS Staff.	11am-1pm
Monday 3 April	NORTHWICH (A)	Learning4Life at ChAPS Autism Ark CW8 1BE with Sarajayne & Terri.	10am-1pm
Monday 3 April	CHESTER (C)	Youth Club at St Mary's Handbridge CH4 7HL with Diane, Cady & Jessica.	4.30-6pm
Monday 3 April	NORTHWICH (C)	Kids Club at ChAPS Autism Ark CW8 1BE with Terri, Bobbie & Amanda.	5-6.30pm
Monday 3 April	ZOOM! (C)	Children's Chat with Di MinDees.	7-7.45pm
Monday 3 April	ZOOM! (C)	Teen Mindfulness – 12yrs+ with Di MinDees.	8-8.45pm
Monday 3 April	WINSFORD (A)	Spectrum Connect at The Hive CW7 3DA with Terri & Bobbie.	7.30-9pm
Tuesday 4 April	RUNCORN (A)	Learning4Life at The Old Police Station WA7 1DF with Chelsey & Diane.	10am-4pm
Tuesday 4 April	WINSFORD (F)	Matilda the Musical: Relaxed Screening at The Hive CW7 3DA with Lisa.	2- 4pm
Tuesday 5 April	NORTHWICH (A)(C)(P)	Geek Retreat at Barons Quay CW9 5FT with Terri.	6.30-8pm
Wednesday 5 April	B'TRAFFORD (C)	Home Ed Animal Therapy at Freedom Equine Centre CH2 4JT with Diane.	10.30-11.15am

Wednesday 5 April	RUNCORN (A)	Adults Meet at the Old Police Station WA7 1DF with Emma & Chelsey.	12-1.30pm
Wednesday 5 April	CHESTER (C)	Zippy's Playworld at Chester Grange Road, Unit 5, CH2 2AN with Diane.	4.30-6pm
Wednesday 5 April	TEAMS (A)	Adults Mental Health Support Group with Emma.	6-7pm
Thursday 6 April	NORTHWICH (A)	Learning4Life at ChAPS Autism Ark CW8 1BE with Terri & Carey.	10am-4pm
Thursday 6 April	NORTHWICH (F)	Easter Egg Trial at Petty Pool College CW8 2DR with ChAPS Staff.	1.30-3.30pm
Thursday 6 April	E'PORT (C)	Kids Club at Theatre Porto CH65 6QY with Diane & Jess.	5.45-7.15pm
Thursday 6 April	E'PORT (P)	Parents Meeting at Theatre Porto CH65 6QY with Diane & Leona.	7.30-9pm
Saturday 8 April	E'PORT (C)	Multi Sports at E'Port Sports Village CH65 9LB with Johnnie & Simon.	3.30-4.30pm
Saturday 8 April	E'PORT (A)(C)(P)	Family Swim at E'Port Sports Village CH65 9LB with Johnnie & Simon.	4.45-5.45pm
Tuesday 11 April	RUNCORN (A)	Learning4Life at The Old Police Station WA7 1DF with Chelsey.	10am-4pm
Tuesday 11 April	E'PORT (F)	Paradise Island Adventure Mini Golf at Cheshire Oaks CH65 9HD with Caron.	10-11am
Wednesday 12 April	TEAMS (A)	Adults Meet Online with Emma & Chelsey.	12-1.30pm
Wednesday 12 April	TEAMS (A)	Adults Mental Health Support Group with Emma.	6-7pm
Wednesday 12 April	WARR'TON (C)	Climbing Club at North West Face Climbing Centre WA2 7NE with Lauren.	6.30-7.30pm
Thursday 13 April	NORTHWICH (A)	Learning4Life at ChAPS Autism Ark CW8 1BE with Sarajayne & Terri.	10am-4pm
Thursday 13 April	WARR'TON (C)	Walton Hall Guided Zoo Tour at Walton Gardens WA4 6SN with Natalie.	10-11am
Thursday 13 April	E'PORT (C)	Youth Club at Theatre Porto CH65 6QY with Diane, Jacqui & Jess.	6-7.30pm
Friday 14 April	WARR'TON (A)	Learning4Life with Chelsey and Michelle. Venue will be confirmed.	10am-4pm
Friday 14 April	WIDNES (F)	Ant-Man and the Wasp: Quantumania Relaxed Screening at Reel Cinema WA8 0GY with Chloe.	11am-1pm
Saturday 15 April	CHESTER (P)	Wellbeing Weekend at St Mary's Handbridge CH4 7HL with Cady.	10am-1pm
Saturday 15 April	RUNCORN (A)(C)(P)	Family Swim at Beechwood Comm. Centre WA7 3HB with Lauren.	5.30-6.30pm
Sunday 16 April	NORTHWICH (P)	Wellbeing Weekend at ChAPS Autism Ark CW8 1BE with Terri.	11am-2pm

Sunday 16 April	B'TRAFFORD (C)	Animal Therapy at Freedom Equine Centre CH2 4JT with Diane.	12.30-4.15pm
Monday 17 April	NORTHWICH (A)	Learning4Life at ChAPS Autism Ark CW8 1BE with Sarajayne & Terri.	10am-1pm
Monday 17 April	CHESTER (C)	Youth Club at St Mary's Handbridge CH4 7HL with Diane, Cady & Jessica.	4.30-6pm
Monday 17 April	NORTHWICH (C)	Kids Club at ChAPS Autism Ark CW8 1BE with Terri, Bobbie & Amanda.	5-6.30pm
Monday 17 April	NORTHWICH (A)	Spectrum Connect at ChAPS Autism Ark CW8 1BE with Terri & Bobbie.	7-8.30pm
Monday 17 April	ZOOM! (C)	Children's Chat with Di MinDees.	7-7.45pm
Monday 17 April	ZOOM! (C)	Teen Mindfulness – 12yrs+ with Di MinDees.	8-8.45pm
Tuesday 18 April	RUNCORN (A)	Learning4Life at The Old Police Station WA7 1DF with Chelsey & Diane.	10am-4pm
Tuesday 18 April	NORTHWICH (A)(C)(P)	Geek Retreat at Barons Quay CW9 5FT with Terri.	6.30-8pm
Wednesday 19 April	RUNCORN (A)	Adults Meet at the Old Police Station WA7 1DF with Emma & Chelsey.	12-1.30pm
Wednesday 19 April	TEAMS (A)	Adults Mental Health Support Group with Emma.	6-7pm
Thursday 20 April	NORTHWICH (A)	Learning4Life at ChAPS Autism Ark CW8 1BE with Sarajayne & Terri.	10am-4pm
Thursday 20 April	E'PORT (C)	Kids Club at Theatre Porto CH65 6QY with Diane & Jess.	5.45-7.15pm
Friday 21 April	WARR'TON (A)	Learning4Life at The Oaks Centre WA5 2QS with Chelsey & Diane.	10am-4pm
Friday 21 April	KNUTSFORD (P)	Parents of Adults at the Kilton Inn WA16 OPZ with Carey.	11am-1pm
Saturday 22 April	E'PORT (C)	Multi Sports at E'Port Sports Village CH65 9LB with Johnnie & Simon.	3.30-4.30pm
Saturday 22 April	E'PORT (A)(C)(P)	Family Swim at E'Port Sports Village CH65 9LB with Johnnie & Simon.	4.45-5.45pm
Sunday 23 April	NORTHWICH (A)(C)(P)	RSPCA Family at ChAPS Autism Ark with Chloe.	11am-2pm
Monday 24 April	NORTHWICH (A)	Learning4Life at ChAPS Autism Ark CW8 1BE with Sarajayne & Terri.	10am-1pm
Monday 24 April	CHESTER (C)	Kids Club at St Mary's Handbridge CH4 7HL with Diane, Cady & Jessica.	4.30-6pm
Monday 24 April	NORTHWICH (A)	Crafty Club ChAPS Autism Ark CW8 1BE With Terri.	1-2.30pm
Monday 24 April	NORTHWICH (C)	Youth Club at ChAPS Autism Ark CW8 1BE with Terri, Bobbie & Amanda.	5-6.30pm

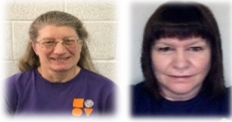
Monday 24 April	ZOOM! (C)	Children's Chat with Di MinDees.	7-7.45pm
Monday 24 April	ZOOM! (C)	Teen Mindfulness – 12yrs+ with Di MinDees.	8-8.45pm
Tuesday 25 April	RUNCORN (A)	Learning4Life at The Old Police Station WA7 1DF with Carey & Diane.	10am-4pm
Tuesday 25 April	NORTHWICH (A)(P)	Yoga for Adults at ChAPS Autism Ark CW8 1BE with Carey.	1-2pm
Tuesday 25 April	NORTHWICH (P)	Parents Meeting at ChAPS Autism Ark CW8 1BE with Terri & Leona.	8-9.15pm
Wednesday 26 April	CHESTER (P)	Parents Meeting at Lache Comm. Centre CH4 8HX with Diane.	10am-12pm
Wednesday 26 April	WARR'TON (A)	Adults Meet at Saint Paul's Church WA5 2RX with Emma & Chelsey.	12-1.30pm
Wednesday 26 April	WARR@TON (C)	Climbing Club at North West Face Climbing Centre WA2 7NE with Lauren.	6.30-7.30pm
Wednesday 26 April	WINSFORD (C)	Urban Air Trampoline Park CW7 3RL with Carey & Bobbie. 16.30 17.30	4.30-6.30pm
Wednesday 26 April	TEAMS (A)	Adults Mental Health Support Group.	6-7pm
Thursday 27 April	NORTHWICH (A)	Learning4Life at ChAPS Autism Ark CW8 1BE with Sarajayne & Terri.	10am-4pm
Thursday 27 April	E'PORT (C)	Youth Club at Theatre Porto CH65 6QY with Diane, Jacqui & Jess.	6-7.30pm
Friday 28 April	WARR'TON (A)	Learning4Life at The Old School WA1 3AJ with Chelsey & Diane.	10am-4pm
Friday 28 April	DELAMERE (A)(P)	Parents & Adults Walk at Delamere Forest CW8 2HZ with Carey.	12-2pm
Saturday 29 April	CHESTER (P)	Wellbeing Weekend at St Mary's Handbridge CH4 7HL with Cady.	10am-1pm
Sunday 30 April	NORTHWICH (P)	Wellbeing Weekend at ChAPS Autism Ark CW8 1BE with Terri.	11am-2pm

Need More Help or Information?

To make initial contact with staff, please use info@cheshireautism.org.uk and your email will be forwarded to the relevant person.

Ruth/Lisa Admin Staff - For Attention Cards, Gift Aid, Child Registration Forms & everything else admin

T: 0344 850 8607



Chloe, Activities and Fundraising Coordinator – For Activities, Room Booking at The Ark and Fundraising

T: 07491 001360



Emma, Specialist Teacher - For Mental Health Therapy, Adult Sessions, Support & Training

M: 07462 868322



Caron, Support Worker - For Advice & Support

M: 07462 887815

Carey, Families Manager – For Intensive Group Sessions, Counselling, Learning4Life, Swimming & Support

M: 07462 887815



Natalie, Business Manager - For Recruitment, Finance, GDPR, Safeguarding, Health & Safety & Marketing

M: 07476 280356



Michelle, Chief Executive Officer – For Strategic Planning, Governance, Funding and Operational Management



Please note we take every precaution to ensure the information we share is accurate, but the information we signpost is not a recommendation from ChAPS (unless stated) and parents should do their own research about organisations and events signposted in our Newsletter. Professional colleagues who wish to **opt out** from receiving this Newsletter should reply to this email with unsubscribe as the message subject.

