



PE Key Vocabulary

Topic	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Athletics		Fast, slow, jump, aim, direction, far, bend, improve, hop, safely, travel, balance.	Speed, jog, sprint, pace, balance, direction, take off, landing, swing, height, distance, overarm, underarm.	Speed, accurately, power, personal best, determination, further, faster, control, strength, pace	Stamina, speed, pace, technique, determination, perseverance, officiate, power, accuracy, personal best, flight.		Technique, control, force, continuous pace, trajectory, stride, momentum, officiate, flight, compete, rotation, transfer of weight.
Ball Skills (progression into KS2 is netball, handball, cricket, rounders, tennis)	Unit 1 and 2 Roll, team, space, kick, bounce, throw, safely, stop, listen.	Far, aim, safely, throw, send, roll, catch, direction, balance.	Overarm, distance, dribble, underarm, collect, target.				
Cricket				Runs, technique, wicket keeper, strike, retrieve, bowl, fielding, stumped, two-handed pick up, stance, wicket, short barrier, grip, batting.		Strike, batting, wicket, wicket keeper, fielding, tracking, consistently, retrieve, support, obstruction.	

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Dance	Unit 1 and 2 Move, space, safely, shape, copy, around, sideways, forwards, backwards	Counts, action, travel, pose, move, direction, forwards, backwards, speed, fast, slow, level, shape.	Counts, action, travel, shape, direction, speed, level, space, balance, timing, mirror, pathway	Unison, explore, create, feedback, perform, timing, levels, dynamics, expression, actions, flow.	Space, actions, levels, timing, reaction, performance, dynamics, unison, represent, expression.	Level. actions formation, timings, relationship, performance, expression, unison, posture, dynamics, canon.	
Fitness		Exercise, heart, lungs, oxygen, mood, healthy, body.	Speed, distance, sprint, strong, pace, jog, steady, race.	Fitness, speed, strength, balance, pace, steady, agility, control, progress, coordination, muscle, stamina.		Agility, technique, speed, balance, control, power, generate force, strength analyse, continuous, stamina, measure, co-ordination component, record.	
Football				Goal keeper, attacker, outside, opponent, communicate, possession, opposition, tracking, inside, dribbling, control, available, defender, tackle.		Control, tactics, opponent, intercepting, possession, tracking, consistently, conceding, pressure, foul, touch.	
Fundamentals	Unit 1 and 2 Run, safely, space, jump, hop, direction, stop, listen, balance, skip.	Balance, direction, land, fast, safely, jump, hop.	Jog, speed, skip, sprint, dodge, balance.				

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<p>Games Reception (progression into KS1 Net and Wall)</p>	<p>Games Unit 1 and 2 Run, safely, space, catch, throw, team, stop, tag, score, rules.</p>					
<p>Net and Wall/Tennis (Years 1 and 2)</p> <p>Tennis Years 3, 4, 5 and 6</p>		<p>Net and Wall/Tennis Safely, ready position, partner, score, racket, net, underarm, space, points.</p>	<p>Net and Wall/Tennis Receive, opponent, quickly, trap, defend, return, collect, against.</p>	<p>Tennis Ready position, racket, track, rally, control, return, opponent, accurately.</p>	<p>Tennis Ready position, return, rally forehand, serve, backhand, control, opponent.</p>	<p>Tennis ready position, control, opponent, forehand, backhand, volley, co-operatively return, serve, outwit, continuously</p>
<p>Gymnastics</p>	<p>Copy, travel, space, shape, rock, over, backwards, sideways, forwards, around, through, roll.</p>	<p>Action, travel, balance, jump, direction, roll, point, shape, speed, fast, slow, level.</p>	<p>Action, travel, balance, jump, direction, roll, link, sequence, straddle, pike, tuck, star, level.</p>	<p>Matching contrasting interesting flow control shape create, sequence, direction, explore</p>	<p>Technique, perform, quality, rotation, extension, sequence, apparatus, inverted, shape</p>	<p>Momentum, symmetrical, rotation, synchronisation, asymmetrical, progression, aesthetics, extension, canon, counter, formation,</p>

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						tension, stability	
Handball				Dribble, shoot, opponent, opposition, possession, grip, interception, protect, fluid, defence, mark, double dribble, attack.		Pressure, tactics, angle, inclusion, transfer, delay, support, reaction, create, control, release, principle, close down.	
Hockey				Dribble, shoot, opponent, opposition, grip, receiver, interception, trapping the ball, obstruction, possession, attack, defence, mark, push pass.		Pressure, tactics, angle, inclusion, transfer, delay, support, reaction, create, control, release, principle, close down.	
Introduction to PE	Unit 1 and 2 Follow, team, space, travel, share, safely, path, listen.						
Invasion Games		Safety, defender, dribbling, pass, attacker, space, points, score, team.	Possession, send, teammate, chest pass, received, goal, dodge, bounce pass.				
Netball				Footwork, pivot, receiver, possession, attack, rebound, obstruction, opponent, opposition,		Rebound, contact, contest, consecutive, possession, obstruction, conceding,	

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				landing, foot, interception, defence, mark, contact.	consistently, attack, defend, interception, turnover
Rounders				Strike, fielding, stance, technique, rounder, batting, retrieve, stumped, short barrier, backstop, bowl, post, two handed, pick up.	Strike, fielding, pressure, co-operatively, consistently, batting, retrieve, overtake, outwit, backing up, continuous, consecutive, obstruction.
Sending and Receiving		Aim, throw, roll, kick, catch, safely, racket.	Track, send, accurate, target, control, release, receive.		
Striking and Fielding		Throw, points, target, pass, space, score, team, kit, catch, send, battle, bowler, fielder.	Throw, score, place, strike, send, runs, track, catch, backstop/wicket keeper, batter, bowler, fielder.		
Swimming					Personal best, flutter kick, breast stroke, front crawl, back stroke, endurance, streamline, surface, exhale, inhale, continuous.

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