

# LiveSimply

### NAME OF SCHOOL :

Our Lady of Perpetual Succour Primary School CONTACT NAME : Mrs T Hignett

## The LiveSimply action planning form

Please refer to the LiveSimply action planning guide for details on how to fill out this planning document.

GLOBAL	Description of action: We will take part in CAFOD's Big Lent Walk to raise funds to help fight global poverty. Living in Solidarity Faith Input: School Mission Statement- We learn to love everyone as Jesus love us. Laudato Si'-Pope's message to everyone on the planet urging all of us to protect the earth; our common home. Fratelli Tutti – the Pope's message around our global family. The parable of the Good Samaritan. Education input: For children to understand what the climate crisis is and how this has affected the lives of others, particularly those in less economically developed countries. https://cafod.org.uk/education/primary-teaching- resources/lent-resources-for-children	Description of action: We will raise money for CAFOD through our "Global Community Tea Party" – this event will raise money to aid current emergencies supported by Cafod. e.g. Israeli-Palestinian Crisis Appeal; Yemen Crisis Appeal and Afghanistan Crisis Appeal. Living in Solidarity Faith Input: School Mission Statement- We learn to love everyone as Jesus love us. Laudato Si'-Pope's message to everyone on the planet urging all of us to protect the earth; our common home. Fratelli Tutti – the Pope's message around our global family John 14:27 - 'Peace is what I leave with you; it is my own peace that I give you. I do not give it as the world does, Do not be worried and upset; do not be afraid.' Catholic Social Teaching - Promoting Peace. Education input: For children to develop a greater understanding of what 'peace' means and for them to be inspired to think about how they can contribute to making the world a kinder place.	Description of action: As a whole school we will take part in CAFOD Harvest Family Fast Day in October to raise money for CAFOD. Faith Input: School Mission Statement- We learn to love everyone as Jesus love us. Laudato Si'-Pope's message to everyone on the planet urging all of us to protect the earth; our common home. Fratelli Tutti – the Pope's message around our global family Inspired by Matthew 25:35 'For I was hungry and you fed me, thirsty and you gave me drink; I was a stranger and you received me in your homes.' Education input: Whole school Harvest Festival assembly. For children to understand that Fair Trade enables consumers to demand a better deal for farmers and food producers.
LOCAL	Description of action: We will support our local foodbank. Pupils will take the lead in regularly checking what items are needed and they will share this information with parents via our school newsletter. Pupils will be involved in sorting the donations (checking the items are in date) and helping to deliver them to the foodbank. - Donating to the Widnes Food Bank / Fare Share Merseyside Living in Solidarity Faith Input: Catholic Social Teaching - Human Dignity, Solidarity, Preferential Option for the Poor. Education input: We will ask a representative from the foodbank to visit school to explain more about their work and the need for foodbanks. We will ensure pupils are aware of human dignity and we all need support from others at times in our lives. Sometimes	Description of action: Inspired by Laudato Si' pupils will organise a litter pick around the school grounds and in the local community on a regular basis to keep the school tidy and to protect any wildlife. Any litter picked will be put into the appropriate recycling. Living sustainably Faith Input: We will start each litter pick with a prayer to remind ourselves why we are taking this action. Number 35:34 'Do not defile the land where you are living, because I am the Lord and I live among the people of Israel.' 'work it and take care of it' (Genesis 2:15). Education input: For children to recognise that the Earth is special and that God needs us to help look after and protect it.	Description of action: The Eco Guardians and the Wellbeing ambassadors will lead the whole school in developing and nurturing an allotment in the Prayer Garden.We will also create a wildflower meadow to attract pollinators. Once the vegetables are grown we will make soup and invite local parishioners to come and enjoy a simple meal with us. This will also give the pupils the opportunity to sit and chat with some of our older members of the community. Living Sustainably / Living Simply Faith Input: Laudato Si God's wonderful world. 'The earth is the Lord's and everything in it' (Psalm 24:1) Education input:

	that support may be in the form of friendship, help with school work, learning a new sport/craft, a smile and sometimes the support comes in the form of food from the foodbank.	Description of action:	Science - plants. Healthy eating, being sustainable. Description of action:
SCHOOL	<ul> <li>We will create a prayer garden (or space). Pupils will be involved in the design and creation of the garden. Each pupil will be able to contribute to the prayer garden in some way e.g., planting bulbs, painting a prayer stone, maintaining the garden, etc. The prayer space will be available for collective worship and for pupils to visit at break time.</li> <li>Living simply</li> <li>Faith Input:</li> <li>Outdoor collective worship</li> <li>Psalm 96 11-12 -'Be glad, earth and sky! Roar, sea and every creature in you; be glad fields and everything in you! The trees in the woods will shout for joy.'</li> <li>Education input:</li> <li>Learning about nature in our own setting. Bringing nature and outdoor space into our collective worship. Children will learn about how God's creation can help us pray.</li> </ul>	<ul> <li>We will hold a photography competition, celebrating awe and wonder of God's creations in our local landscape. Depending on the age group we will either provide quotations from scripture to inspire them, or they will choose one themselves to go with their photo. Living simply</li> <li>Faith Input: Laudato Si.</li> <li>Catholic Social Teaching - Stewardship</li> <li>Mental Health - take notice of the wonderful world around us.</li> <li>Education input: Art and technology.</li> <li>PSHE</li> <li>Collective Worship</li> <li>RE God's wonderful world.</li> </ul>	Students will redesign our wellbeing area, working sustainably by recyling pallets, plastic bottles etc to make furniture, bird feeders etc. Living simply, living sustainably Faith Input: Laudato Si Frutelli Tutti Catholic Social Teaching Cafod principles - Participation Education input: ELSA groups Recycling, being sustainable, Looking after our world.

#### **Live**Simply

Criteria for live simply: To take action towards living a simpler lifestyle including slowing down and finding time to pray and reflect, refusing and reducing on what we consume, spending more time on the simpler things in life including reflective time with family and friends, time in nature.

#### Brief description of main action:

We will hold a photography competition, celebrating awe and wonder of God's creations in our local landscape.

#### How will you plan for a wider community engagement?

The children will be encouraged to include our wider community when taking their photographs.

Families to get involved in helping their children to take photographs linked to awe and wonder, in and around our wider community.

We will create an art exhibition and invite parents and parishioners to come and view it.

#### FAITH | LEARN | ACT

What faith-based resources will you use?

Include resources linked to Catholic Social Teaching, liturgies, prayers and other faith based materials. Collective worship based on God's Wonderful World to inspire children to take photographs of what 'speaks' to them and they believe demonstrates awe and wonder. Catholic Social Teaching of Participation

What educational resources will you use? *These can include CAFOD educational resources, or other resources that provide a learning journey.* https://cafod.org.uk/search?query=gods%20wonderful%20world.

#### Live Sustainably

Criteria for live sustainably: To take action towards protecting God's creation through personal actions. This can include taking action on how much we use and throw away, supporting the work of eco clubs and other eco initiatives, taking environmentally positive action in the local community.

Brief description of main action:

The Eco Guardians and the Wellbeing ambassadors will lead the whole school in developing and nurturing an allotment in the Prayer Garden.

We will also create a wildflower meadow to attract pollinators.

Once the vegetables are grown we will make soup and invite local parishioners to come and enjoy a simple meal with us. This will also give the pupils the opportunity to sit and chat with some of our older members of the community.

How will you plan for a wider community engagement?

We have already received a donation of £1000 from the Knights of St Columba and £1100 from a parish family in memory of their Grandfather. We will ask for parental engagement to plant trees, plants etc

We will invite members of our parish to join us for a simple soup meal once the vegetables have grown.

#### FAITH | LEARN | ACT

What faith-based resources will you use?

Include resources linked to Catholic Social Teaching, liturgies, prayers and other faith based materials. https://cafod.org.uk/education/primary-teaching-resources/laudato-si-for-children Come and See - God's Wonderful World.

What educational resources will you use? *These can include CAFOD educational resources, or other resources that provide a learning journey.* Science - plants, healthy eating, habitats Gardening, PSHE activities Come and See - God's Wonderful World.



#### Live in Solidarity

Criteria for live in solidarity: To take direct action to help our global family. This includes campaign action to raise awareness or challenge structures that impact negatively on our global neighbours, fundraising to help communities in need, and other global actions that make a difference to our global family. Brief description of main action:

We will take part in The Big Lent Walk to raise funds & awareness for CAFOD who work alongside our global family in some of the poorest communities in the world.

How will you plan for a wider community engagement?

Pupils will invite their families and local parishioners to join our walk. For those unable to join we will ask them to remember us in their prayers and for those in a position to do so for them to sponsor us.

#### FAITH | LEARN | ACT

What faith-based resources will you use? Include resources linked to Catholic Social Teaching, liturgies, prayers and other faith based materials. CAFOD Live Simply resources CAFOD's charity resources and posters Links to Catholic Social Teaching - Solidarity

What educational resources will you use? *These can include CAFOD educational resources, or other resources that provide a learning journey.* Pupils will learn more about the work of CAFOD and how our fundraising is standing in solidarity and supporting some of the poorest communities in the world.

We will order a free Big Lent Walk banner https://shop.cafod.org.uk/collections/frontpage/primary-school To register for the **Live**Simply award, please fill out the form below, and send in your completed action plan to the address below. Upon receipt of your registration we will send you a registration certificate for you to display in your school.

Name of School

Our Lady of Perpetual Succour Catholic Primary school Address Clincton View, Widnes, WA8 8JN Headteacher Mrs Pamela McGuffie Contact Name Mrs T Hignett Email Address hignett@olpsprimary.co.uk

> Date 24.01.2024

Please email a copy of your plan to schools@cafod.org.uk

CAFOD Education team, Romero House, 55 Westminster Bridge Road, London SE1 7JB.

Yes, I would like to join an email list for the **Live**Simply award where I will receive updates, ideas, links to action and further support.

CAFOD will process information you provide to us on this form for the purposes of sending you resources for the LiveSimply Award. CAFOD will keep some personal details about you on our database so we can stay in contact with you enabling us to administer and manage the LiveSimply award efficiently. You can change your communication preferences at any time by contacting us at cafod@cafod.org.uk or 0303 303 3030.

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