

Short Breaks Service



For Children with Disabilities

Newsletter w/c 17th July 2023

This newsletter contains events and updates from various services around Halton, as well as other general information which you may find useful. You can find out more information on the <u>Halton Local Offer page online</u> or contact the <u>Short Breaks Service for Children with Disabilities</u> team too.

Free Children's First Aid course with Halton HELPS and Millie's Trust



Halton HELPS in partnership with Millie's Trust are offering a free First Aid course for children and young people aged 8-16 with sessions in Widnes and Runcorn on Thursday 3rd August. **Call 0151 511 7212 or email** <u>Halton.HELPS@halton.gov.uk</u> to book a place.

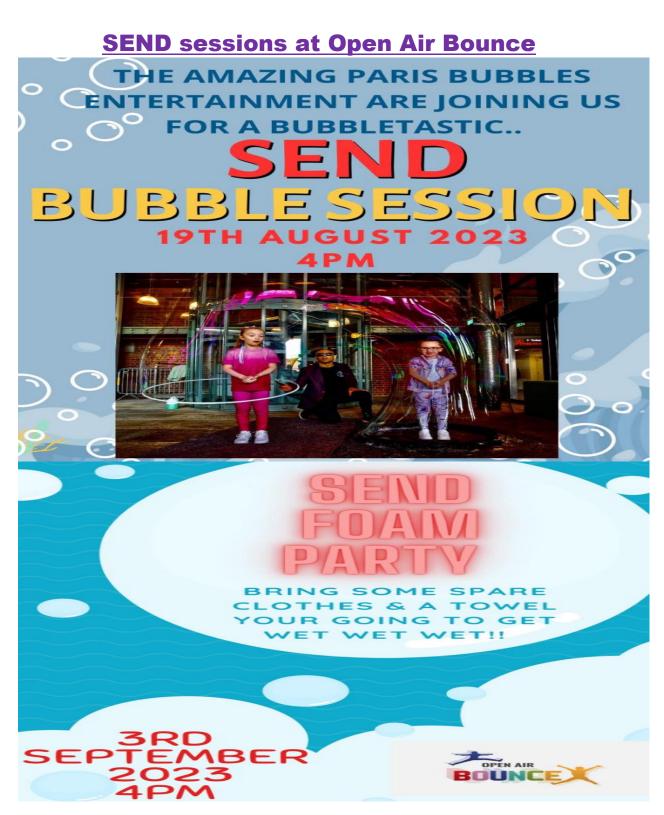
Autism and Sea comes to The Brindley



Autism & Sea LIVE is based on a series of books written and illustrated by Amy Le Dain. In this show experience, no one character is the same and each experiences autism very differently just like us humans This show will be an immersive and sensory experience where these characters will come to life.

The show will be at The Brindley on **Friday 27th and Saturday 28th October 2023** with performances at 3pm on the Friday, and 12pm & 3pm on the Saturday. Full price tickets are £17.00, Juniors are £10.00 and one child goes free with every adult purchased.

Visit <u>The Brindley's website here</u> to book your tickets, and check out <u>Autism and</u> <u>Sea's Facebook page here</u> to find out more.



Open Air Bounce are based in Bolton and offer fun, good value, secure play and lots of opportunities to relax with your young bouncers. From toddlers to teenagers, they have inflatables to challenge them and bouncy castles for pure enjoyment. They have now announced several SEND friendly sessions throughout the summer including a Bubble session on Saturday 19th August, and a Foam party on Sunday 3rd September. Check out <u>their website here</u> for more information and follow them on <u>Instagram</u> and <u>Facebook</u> for the latest news and events.

MAX cards



As summer holidays start don't forget that Max Cards are available for our families in Halton.

The card is designed to help families save money on great days out at castles, zoos, bowling alleys and more.

 You can visit the <u>MAX Card website</u> for further details or check out <u>the Local Offer</u>. Cards cost £2.50 and can be collected from Warrington Road Children's Centre in Widnes, or Glendale Family Centre in Runcorn (available Monday to Friday 9am to 4.30pm – please note, it is cash payments only).

• You can email <u>AimingHigh.forDisabledChildren@halton.gov.uk</u> or call 0151 511 6560 for more details

Supporting your child's move to secondary school



YoungMinds 10 July at 09:14 · 🚱

If your child is about to move from primary to secondary school, make some time to talk to them about it. Here are some tips on how to ease any worries or anxiety they might have.

1/ Chat about how they are feeling and how it will be different from primary - for instance bigger site, new people, changing teachers and rooms for subjects, more homework.

2/ Reassure them that nerves about starting something new are normal, as is some sadness at leaving familiar things, and that these feelings usually get easier with time.

3/ Be careful not to impose your own worries. Instead, try and focus on exciting opportunities - new subjects, activities and friends.

4/ Celebrate the milestone of finishing primary school, and all the ways they have grown. This can help to boost their self-esteem and confidence.

Is your child making the transition from Primary to Secondary school this year? Young Minds have shared some tips on how to support your child and ease any worries or anxiety they might have.

Young Minds is one of the UK's leading mental health charities for young people – **<u>check out their Facebook page here</u>** to find out more.

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Warrington Play and Sensory Centre's Fun Day



Warrington Play and Sensory Centre are holding their Fun Day on **Sunday 23rd July between 10am and 3pm** at Hall Road, Woolston, Warrington. There will be lots of activities for all the family with entrance just 50p and all funds raised will be used to purchase sensory equipment for the centre. Find out more on <u>their website here</u> or check out <u>their Facebook page</u>.

Calderstones Beach and Fun Fair is back for the summer!



Calderstones Beach and Fun Fair is back for the summer starting Saturday 22nd July through to Sunday 3rd September, running daily from 11am to 5.30pm.

They are holding **SEND friendly sessions from 4pm-6pm** on the following dates:

- Wednesday 2nd August
- Wednesday 16th August
- Wednesday 30th August

Find out more and book your place on <u>the website here</u> or check out <u>their</u> <u>Facebook page</u> for more information and the latest updates.





There has been a change to this month's Vibe Outdoors Juniors and Seniors Club activity and this will now be Archery. This is because Vibe have Blue Green Algae in the lake at their centre which means they are unable to provide water activities for the time being following advice from the Environment Agency.

The sessions are still **on Friday 21st July** with the Juniors session will run 9.30am to 12.30pm with the Seniors in the afternoon 1.30pm to 4.30pm.

As always, the pick-up points will be at the Old Police station in Mersey Road Runcorn, and at McDonalds Moor Lane Widnes. Tickets are still available - to register scan the QR codes in the posters or <u>click here for the Juniors session</u> and <u>click here for the Seniors</u>.



Summer Holiday activities across Halton



There are lots of FREE **activities** during the Summer holiday period for school aged children, from **Reception to Year 11**, who receive benefits-related to free school meals.

There are also a number of places available to other vulnerable groups of children and young people, such as SEND, Young Carers, and young people not in education, employment or training (NEET). Most of the activities are 4 hours a day, over 4 days and include a **FREE Lunch each day**.

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Activities are available in both Runcorn and Widnes and include sport, drama, arts, music and health and wellbeing activities. Here's a selection below of some of the many activities on offer, and we'll continue to promote these through our newsletter over the summer.

You can also <u>click on this link</u> for a full up-to-date list of the activities and a google map showing the areas in Halton where activities will be taking place long with the providers contact details and information on accessibility for children and young people with SEND (the table with the list of SEND keys is below).

You can also find out more information on the <u>Halton Local Offer page online</u> or contact the <u>Short Breaks Service for Children with Disabilities</u> team too.

Halton Local Offer

SEND Keys – Youth Provision

Want to find out if the provision offers activities for children and young people with SEND?

Check out the table below for the SEND Keys guide

Activities can offer SEND specific and SEND accessible activities for children and young people across the youth programme

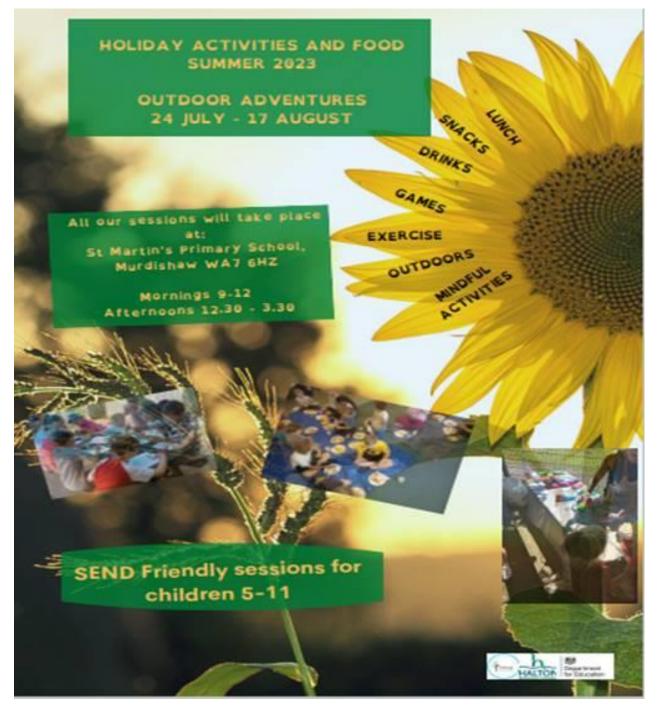
| SS – SEND Specific: | Solely for children and young people with SEND and their families |
|-----------------------|--|
| S – SEND Friendly: | Venue or event where providers have general SEND awareness and small adjustments can be made |
| SA - SEND Accessible: | Physically accessible venue or event |
| F – Family Friendly: | Accessible for all families |

Apollo Sports Club Summer of Fun



Apollo Sports Club are holding their Summer of Fun right through the summer holidays at Hale Village Hall with sessions running from 8.30am to 12.30pm each day. Email **apollohaf@outlook.com** or message the team through **their Instagram page here** to book your places.

Outdoor Adventures at St. Martin's Primary School Runcorn



St. Martin's Primary School in Runcorn are holding their summer Outdoor Adventures club from Monday 24th through to Thursday 17th August, with morning sessions from 9am-12pm and afternoon sessions from 12.30 to 3.30pm. <u>Click here</u> to book your places.

Awesome August with A Place For Us



A Place For Us are holding their Awesome August sessions for young people aged 10-16 from **Monday 30th July to Friday 11th August** from 10am-3pm each day at The Heath School in Runcorn. <u>Click here to find out more and to book your</u> <u>places</u>.

Theatre for Rebels! At The Studio Widnes



Mooncup Theatre are holding their Theatre for Rebels workshops for young people aged 11-19 at The Studio Widnes. Sessions will run from Monday 31st July to Friday 4th August 10am-3pm each day. Email **info@thestudiowidnes.org.uk** for more information and to book a place.

This newsletter provides general information and resources for parents and carers of young people with SEND, and for professionals who support them. Please note, while we take every care to ensure the information we share is accurate the information provided is not a direct recommendation from the Short Breaks Service and we recommend that you complete your own research about the information and events we signpost.

We recognise that not all of the information in this newsletter will be relevant to everyone included on the mailing list. If there is some specific information you would like to see more of, or information from a certain service that you'd like to share please let me know and I will try to include next time. If you do not wish to continue receiving this newsletter, please let me know.

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