

Short Breaks Service



For Children with Disabilities

Newsletter w/c 29th May 2023

This newsletter contains events and updates from various services around Halton, as well as other general information which you may find useful. You can find out more information on the Halton Local Offer page online or contact the Short Breaks Service for Children with Disabilities team too.

Cheshire Autism Practical Support - ChAPs



<u>Cheshire Autism Practical Support (ChAPS)</u> is a registered charity who offer practical advice, support and services across Cheshire for families of young people with Autism Spectrum Condition or Asperger's Syndrome whether diagnosed or not.

They run monthly parents meetings, positive parenting courses helping with behaviour, anxiety etc., activities for children, young people and adults on the spectrum, and lots more.

You can read their regular newsletters which include details and information on all their activities. A copy of the June newsletter is attached to this email.

For more information on ChAPS you can **check out their website here**, or **call 0344 850 8607**, or drop them an email at **info@cheshireautism.org.uk**.

You can also request to **join their Facebook page** where you'll find support, advice and signposting – please note this a private group and only parents will be given access once you are a ChAPS member; no professionals will be admitted.

Halton SEND Parent Carer's Forum



de with PosterMyWallcom www.haltonsendcarersforum.org.uk E: info@haltonsendpcf.org.uk

Halton SEND Parent Carers Forum have plenty of activities during June, including their parent drop in sessions, and the regular Zoom meetings with various professionals.

Visit <u>their Facebook page</u> or website: <u>haltonsendcarersforum.org.uk</u> to find out more

If you are not a member of the forum you can contact the team by emailing admin@HaltonSendPCF.org.uk or Kelly.Dace@Haltonsendpcf.org.uk.

Daresbury Laboratory Open Day



Don't forget, Daresbury Laboratory and Sci-Tech Daresbury are holding their open day on **Saturday 15**th **July between 10am and 4pm**.

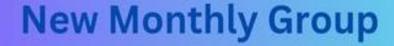
This will be a rare chance to step inside one of only three national laboratories to find out more about the world-class science and research happening at the campus, and across the UK. Most areas of the campus are accessible and there will be designated safe areas and quiet spaces to enable those who need to, to self-regulate. Click here for more information on the event.

Although the event is free advance booking is strongly recommended – <u>click here to</u> <u>book your tickets</u>.

New Mums groups with SEND R US



Mums R Us



for our Mums/Carers of children with SEND

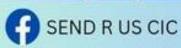
Come and have a cuppa, see familiar faces and meet new people

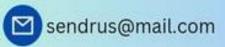
It's a time for our Mums & Carers to chill out for a while

Commencing Saturday 3rd June at 10.30am at Evenwood, Runcorn

Message or email for more details and to book your place









SEND R US are launching their new mums group – Mums R Us – for mums and carers of children and young people with SEND. The first session is on **Saturday 3rd June at 10.30am** at the Evenwood Farm in Runcorn.

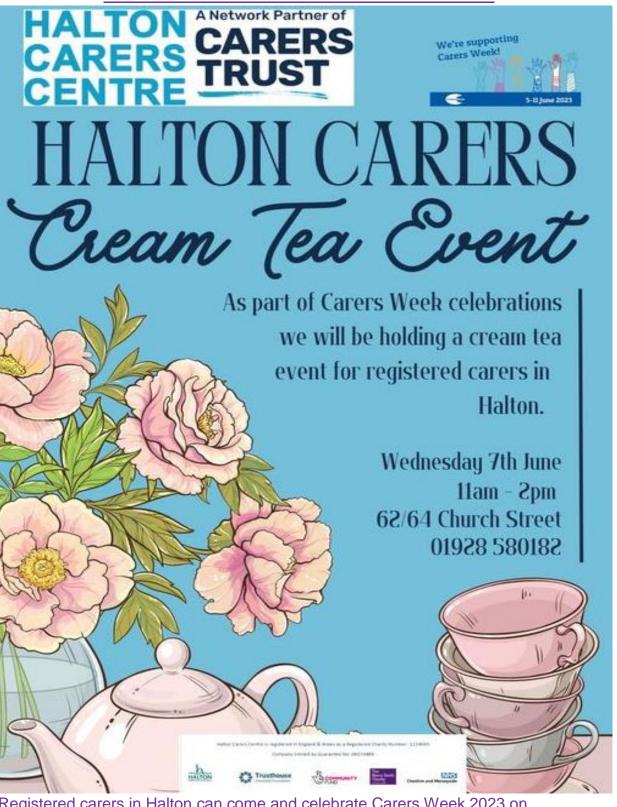
Message the team through <u>their Facebook page here</u> for more information and to book your place or email <u>sendrus@mail.com</u>

Autism friendly film screenings at Cineworld Runcorn



Cineworld Runcorn are holding their latest autism friendly film screening on **Sunday 4**th **June at 11am**; this week it's Disney's Little Mermaid. **Visit their website** or check out their **Facebook page** for more information.

Halton Carers Cream Tea event



Registered carers in Halton can come and celebrate Carers Week 2023 on **Wednesday 7th June** at Halton Carers Cream Tea Event in their Runcorn office garden. There will be a selection of refreshments on hand including tea, coffee, cold drinks, cream scones and fresh strawberries - drop in between 11am - 2pm. **Visit their Facebook page** for more information.

Vibe's new Interact programme for young people aged 10-14



A opportunity to socialise, learn skills and gain new experiences for young people in Halton aged 10-14 years 12 week - 2.5 hour sessions

Referral only please using the QR code below







Vibe are launching their new Interact programme for young people aged 10-14 in Halton in June. This will be an opportunity to socialise, learn skills and gain new experiences – <u>click here to complete the registration form</u> or check out the <u>Vibe</u> <u>website here</u> to find out more about all of Vibe's programmes for young people.

Half-term activities at Widnes Children Centres

CHILDREN'S CENTRE TIMETABLE MAY HALF TERM Children's Centres

Date	Time	Activity	Venue	Suitable For	Notes
Tuesday 30 th May	10.00-11.00	Prams in the Park	Victoria Park	Babies in Prams/Slings and their Carers	Meet at the Bandstand. Weather permitting. Check Facebook for updates.
	11.00-12.30	Teddy Bears Picnic	Victoria Park	Families	Bring your teddy and a picnic and come and play wi us in the park. Meet at the bandstand.
	1.00-3.00	Health Visitor Drop-in Clinic	Ditton Library	Families	Drop in for baby weighing and health advice from Halton's 0-19 Health Visiting Team
	1.30-2.30	Baby Stay and Play	Warrington Road Children's Centre	Pre walkers	Drop in. Play and singing for babies and the chance to catch up with other parents.
Wednesday 31 st May	10.00-11.00	Messy Play	Kingsway Children's Centre	Babies who can sit unaided to children aged 5	Drop in. Come and get messy, enjoying a sensory and fun play experience. Please wear appropriate clothes, you will get messy.
	1.00-3.00	Health Visitor Drop-in Clinic	Kingsway Children's Centre	Families	Drop in for baby weighing and health advice from Halton's 0-19 Health Visiting Team
Thursday 1st June	10.00-11.00	Messy Play	Ditton Children's Centre	Bables who can sit unaided to children aged 5	Drop in. Come and get messy, enjoying a sensory and fun play experience. Please wear appropriate clothes, you will get messy.
	1.30-3.00	Bumps to Babes	Warrington Road Children's Centre	Pregnant mums to be and those with babies under 6 months	Drop in. Antenatal and Postnatal group with the opportunity to ask all those questions about becoming a parent. Practical advice and tips and the opportunity to talk to other mums and mums to be.
Friday 2 nd June	9.30-11.30	Swap Shop	Kingsway Children's Centre	Families	Drop in. Clothes, toys and equipment for babies and young children. No need to swap, just come along and take what you need.
	10.30-12.00	Breastfeeding group	Ditton Library	Breastfeeding mums and mums to be.	Drop in. For any stage in your breastfeeding journe

Don't forget that the Children's Centres have lots of activities for younger children this half-term – **check out their Facebook page** for more information.

And Halton Libraries also have lots of events planned <u>click here for more details</u> and to check out the full list of activities.

Camp Curiosity School's Out session



Camp Curiosity are holding their School's Out session **on Friday 21st July**. It's a stay and play for any age and SEND inclusive but ideal for primary age children and they must be accompanied by an adult, it is not a drop off event.

Spaces are limited and they are only doing one of these sessions to kick off the summer in Halton so **click here to book your places**.

Cheshire Ice Cream Farm



As summer approaches there's lots of activities planned at Cheshire Ice Cream Farm. Their next SEN session is on **Sunday 11th June 9am-11:30am** (with the option to stay all day) Parents and carers can expect limited numbers, music and hand dryers turned off, indoor and outdoor attractions and ear defenders available on request – **click here to book your tickets**.

They are also bringiong back by popular demand their shuttle bus from Chester Train Station to The Ice Cream Farm on 3 dates: **Thursday 1**st **June, Wednesday 26**th **July**, and **Tuesday 15**th **August.** So, if you get a train to Chester Train Station and Lakeside Coaches will pick you up in a bus coming straight to The Ice Cream Farm – <u>click here for more information and to book your tickets</u>.

Roller Disco sessions are back at Kingsway Leisure Centre



The Roller Disco is back at Kingsway Leisure Centre:

- Wednesday 31st May 2pm 3:30pm
- Saturday 3rd June 4:15pm 5:45pm
- Saturday 17th June 4:15pm 5:45pm

Tickets are £5 or £6 with skates hire – <u>click here to book</u>.

Supported Tickets and Recreation (STAR) for disabled adults



WE SUPPORT DISABLED ADULTS TO ACCESS LIVE ENTERTAINMENT ACROSS MERSEYSIDE

- CONCERTS
- STADIUM TOURS
- TRIBUTE NIGHTS
- **FESTIVALS**
- THEATRE SHOWS GHOST WALKS
 - BEATLES TOURS
 - PLUS MUCH MORE!

CALL: 07494865509 EMAIL: carl@supportedtickets.co.uk

Supported Tickets and Recreation (STAR) is a social enterprise that enables disabled adults to enagage and access recreation opportunties helping them to develop friendships, confidence and independence. Click here to visit their Facebook page or email carl@supportedtickets.co.uk or call 07494 865509.

Preparing for Adulthood for young people aged 14+ in Halton

If you have a young person with SEND, who is aged 14 plus, and would like information about moving through to post 16 education and onto employment, the **Halton SEND Local Offer** has lots of useful information and resources to enable them to make informed choices about their future.

Halton Local Offer



It's all happening **IN HALTON** www.halton.gov.uk/localoffer

Moving through Education into Employment

Careers Education Information, Advice and Guidance (CEIAG)

CEIAG is the range of support to help individuals make informed choices about their future or next steps. E.g., one to one advice, assemblies, skills sessions, employer visits, work experience, mock interviews, careers fairs and events.



Resources that can help in thinking about the next stage of education.

Post 16 Options

- Engagement Services
- School Sixth Forms
- Sixth Form Colleges
- Further Education Colleges
- Supported Internships
- Special Post 16 Institutions
- Work Based Learning/Training Providers
- Traineeships
- Apprenticeships
- Higher Education









Support for Employment

There is a range of services that can support individuals to move from education to employment including self-employment.

For example, the Disability Employment Advisers at Job Centre Plus can signpost / support those preparing for and in work.

Moving from Benefits to Work

Individuals can access better off calculations to understand how much better off you can be in work.

Transport

Understand how to safely travel to and from education, training, or work.

Access to Work and Reasonable Adjustments

Understanding what support an individual could access to be able to successfully do their job.

To help you navigate through the information on the SEND Local Offer here is a useful guide that explains what is available under each section to enable you navigate them at your own pace.

Halton Local Offer



Are you thinking about the future?

Do you need information to help you make choices about what's next?

If you are 14 plus and exploring careers, education, training, and employment Halton SEND Local Offer is a great way to discover opportunities and find support. Halton Local Offer

Preparing for Adulthood



Careers Education, Information, Advice and Guidance (CEIAG)

You will find information on careers advice, what it is and where to find it. Whether you are in school/college, are exploring your ideas or not in education, employment, or training and need advice and guidance right now.



Post 16 Options: Education and Training for young people

Information and links to a wide range of provision available post 16 including sixth forms, further education, supported internships, work-based learning, apprenticeships, and higher education.

Looking Ahead Guides - What's Next?

You will find guides designed to help with choosing a secondary school, moving on from school and onto employment for things to explore and consider at each stage of education.

Halton Local Offer



PfA Employment Pathway (support for employment)

You will find a range of services, resources and tools that can support young people into employment as well as information services that support with setting up a business



Moving from Benefits to Work

Provides help and advice on moving from benefits to work, work experience/volunteering, starting your own business and support available when you start working.

Transport Information



You will find information on school / college travel support, public transport and school bus timetables, independent travel training, blue badges, Halton accessible guides and local travel information.

Access to Work

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Here you will find information on access to work which can help you get or stay in work if you have a physical or mental health condition or disability. The support you get will depend on your needs.

Reasonable Adjustments

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Employers must make reasonable adjustments to make sure workers with disabilities, physical or mental health conditions, are not substantially disadvantaged when doing their jobs. You will find an overview and information on where you can find help and advice.



Scan the QR Code to go straight to the Halton Local Offer and explore!

> It's all happening IN HALTON www.halton.gov.uk/localoffer

MAX cards



As summer holidays start to approach don't forget that Max Cards are available for our families in Halton.

The card is designed to help families save money on great days out at castles, zoos, bowling alleys and more.

You can visit the <u>MAX Card website</u> for further details or check out <u>the Local Offer</u>. Cards cost £2.50 and can be collected from Warrington Road Children's Centre in Widnes, or Glendale Family Centre in Runcorn (available Monday to Friday 9am to 4.30pm – please note, it is cash payments only).

You can email <u>AimingHigh.forDisabledChildren@halton.gov.uk</u> or call 0151 511 6560 for more details

This newsletter provides general information and resources for parents and carers of young people with SEND, and for professionals who support them. Please note, while we take every care to ensure the information we share is accurate the information provided is not a direct recommendation from the Short Breaks Service and we recommend that you complete your own research about the information and events we signpost.

We recognise that not all of the information in this newsletter will be relevant to everyone included on the mailing list. If there is some specific information you would like to see more of, or information from a certain service that you'd like to share please let me know and I will try to include next time. If you do not wish to continue receiving this newsletter, please let me know.

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